

SNAPSHOT: LGBTQ+ ADOPTION AND FOSTER CARE PARENTING IN NORTH CAROLINA

Across the United States, approximately 3 million lesbian, gay, bisexual, transgender, or queer (LGBTQ+) Americans have had a child, and as many as 6 million American children and adults have an LGBTQ+ parent. Among LGBTQ+ adults under 50 living alone or with a spouse or partner, 48% of women and 20% of men are raising a child under 18. Over 25% of transgender adults report being parents.

North Carolina

Adoption Figures:

- In 2021, of the more than 391,000 youth in foster care in the U.S., 10,710 resided in North Carolina, and 2,786 were waiting to be adopted at the end of the fiscal year.
- In 2021, 1,317 children were adopted from the foster care system in North Carolina.
- In North Carolina, 382,000 people identify as LGBTQ+, 4% of the total population. Of the LGBTQ+ adult population, 26% are raising children.

Adoption Laws:

- North Carolina law allows any adult to petition to adopt. N.C. Gen. Stat. § 48-1-103. State laws and regulations do not explicitly prohibit discrimination against prospective LGBTQ parents.
- State law provides that a married petitioner must file jointly with his or her spouse, except in limited circumstances such as stepparent adoption or adoption by a former parent. N.C. Gen. Stat. § 48-2-301(b). Because marriages of same-sex couples are now recognized nationwide, same-sex spouses should be able to adopt jointly.
- State law permits any married person to adopt the child of their spouse via stepparent adoption. N.C. Gen. Stat. § 48-4-101. With nationwide recognition of marriage equality, an individual should be permitted to adopt the child of their same-sex spouse via stepparent adoption.
- North Carolina law prohibits unmarried petitioners from joining in a petition with another individual, foreclosing second parent adoption for unmarried same-sex couples. N.C. Gen. Stat. § 48-2-301(c); *Boseman v. Jarrell*, 704 S.E.2d 494 (N.C. 2010).
- North Carolina does not have a statewide ban on conversion therapy. However, on August 2, 2019, North Carolina Governor Roy Cooper signed an executive order banning any state funding of conversion therapy on minors. Executive Order 97.

Across the United States

More than 33,000 same-sex couples are raising adopted children in the U.S.

- While LGBTQ+ parents are raising children all over the U.S., the highest proportions of LGBTQ+ parents raising children reside in Mountain West, Southern, and Midwestern states – areas with the fewest protections for LGBTQ+ families.



FAMILY

EQUALITY

EVERY CHILD DESERVES A FAMILY ACT

The states with the highest proportions of LGBTQ+ parents raising children are Idaho (44%), Utah (40%) and Oklahoma (38%). Same-sex couples raising children are seven times more likely than their different-sex counterparts to be raising adopted or foster children.

Approximately 5,500 same-sex couples are raising foster children in the U.S. Same-sex couples raising children are seven times more likely than their different-sex counterparts to be raising foster children.

Many states are silent on the issue of LGBTQ+ people fostering and adopting children, which leaves these families vulnerable to the potential bias of individual agencies, child welfare professionals, and family court judges at the local level. Further, although LGBTQ+ youth are disproportionately represented in the child welfare system, many states lack state-level non-discrimination protections or affirming policies for LGBTQ+ youth in care.

- Only half of the states in the U.S. have laws or regulations that explicitly prohibit discrimination on the basis of sexual orientation or gender identity.
- Only ten states ensure that individuals interested in acting as foster parents are not discriminated against based on their sexual orientation; fewer provide protections based on gender identity.
- In contrast, thirteen states – Alabama, Arizona, Kansas, Michigan, Mississippi, North Dakota, Oklahoma, South Carolina, South Dakota, Tennessee, Texas, Utah, and Virginia – allow an agency to turn away prospective foster and adoptive parents who do not meet the agency’s religious requirements. In at least nine of those states this is true even where an agency receives taxpayer funding. Advocates successfully defeated attempts in several other states to pass similar discriminatory laws.
- Married same-sex couples should have the same right to foster and adopt as married different-sex couples. Even with nationwide marriage equality, however, LGBTQ+ people and same-sex couples in some states may still face foster care and adoption laws, policies, or practices that permit agencies to continue to discriminate against them.
- Twenty states allow unmarried LGBTQ+ people to petition to adopt their own children through second-parent adoption.
- **Approximately 1 in 3 foster youth over the age of 12 identify as LGBTQ+.**
- **Over half of all states have no laws or regulations specifically prohibiting discrimination for LGBTQ+ youth receiving foster care and adoption services; most states provide no explicit guidance about transgender youth in the child welfare system.**
- **Only three states have passed laws or regulations that require placement of transgender youth in facilities based on their gender identity.**
- **Only six states have laws or regulations in place requiring LGBTQ+-inclusive cultural competency training for child welfare staff and/or foster parents.**

Fact Sheet Updated May 2023



To cosponsor in the Senate contact Anna_Song@gillibrand.senate.gov in Sen. Kirsten Gillibrand's office.

To cosponsor in the House contact lill.Hunter-Williams@mail.house.gov in Rep. Danny Davis' office or

Gabiella.Boffelli@mail.house.gov in Rep. Jenniffer González-Colón's office

EVERY CHILD DESERVES A FAMILY ACT

For more information, email Laura Brennan, Policy Associate, Child Welfare at Family Equality at lbrennan@familyequality.org